ARTS, CRAFTS & HOBBIES

NEW! Blacksmithing for Art -An Introduction

This course will introduce students to the world of "Artist Blacksmithing" using both traditional and modern tools to turn metal into works of art. You will learn about tools, equipment and processes including: hand tools, plasma cutting, oxy acetylene welding, "wire feed" welding (mig.), forges, anvils and basic blacksmithing procedures. All tools, equipment and gasses are supplied. 1/001 Dates: Weds, Jan 19, 26,

Feb 2, 9, 16, 23, Mar 2, 9 **Time:** 6:30 - 8:30 pm **Instr:** Steve Stokes Fee: \$245 (includes 8 weeks of classes and all supplies) **Place:** Sparks HS, Metal Shop

Introduction to Glass Fusion

Learn basic glass fusion concepts. Explore the exciting design possibilities of glass fusing, cutting, grinding and fixing. Material fee \$35.

1/002 Dates/Times: Fri, Jan 21, 5:30 - 8 pm & Sat, Jan 22, 8 - 10:30 am

1/003 Dates/Times: Fri, Mar 18, 5:30 - 8 pm & Sat, Mar 19, 8 - 10:30 am

Instr: Rachel Salvagione Fee: \$79

Place: Dilworth MS

Double Glass Fusion

(Prerequisite: Intro to Glass Fusion from Rachel Salvagione)

Working on a small scale, you will fuse and slump colorful glass to create a 6" tile, plate or candy dish. Material fee \$40.

1/004 Dates/Times: Fri, Feb 4, 5:30 - 8 pm & Sat, Feb 5, 8 -10:30 am Instr: Rachel Salvagione

Fee: \$79

Place: Dilworth MS

Fused Glass Jewelry

(Prerequisite - Intro to Glass Fusion from Rachel Salvagione)

Create your own unique glass jewelry. You will learn the basics of glass fusion and slumping and will create one-of-akind pendants, earrings, hair clips or pins. Material fee \$40.

1/005 Dates/Times: Fri, Feb 18, 5:30 - 8 pm & Sat, Feb 19, 8 - 10:30 am

Instr: Rachel Salvagione

Fee: \$79

Place: Dilworth MS

Advanced Glass Fusion

(Prerequisite: Intro to Glass Fusion from Rachel Salvagione)

Learn more advanced ways to use sheet glass, frit, confetti and other non-sheet glass products. Material fee \$50.

1/006 Dates/Times: Fri, Feb 25, 5:30 - 8 pm & Sat, Feb 26, 8 -10:30 am

Instr: Rachel Salvagione

Fee: \$79

Place: Dilworth MS

Recycled Glass Fusion

(Prerequisite - Intro to Glass Fusion from Rachel Salvagione)

Make a plate or bowl using recycled glass. You will also incorporate painting, metals and "pixie" dust to add character to your piece. Material fee \$35.

1/007 Dates/Times: Fri, Mar 4, 5:30 - 8 pm & Sat, Mar 5, 8 - 10:30 am

> Instr: Rachel Salvagione Fee: \$79

Place: Dilworth MS

Glass Fusion Workshops at Dilworth with Rachel

(Prerequisite: Intro to Glass Fusion from Rachel Salvagione)

The instructor will notify students of all the special projects she has planned for each week-long workshop. The fee for the workshop is \$290 and there is a \$100 material fee.

Glass Workshop - April

1/008 Dates/Times: Sat, Apr 9, 8 am - 5 pm, Mon - Fri, Apr 11 - 15, 5:30 - 8:30 pm

Glass Workshop - July 1/009 Dates/Times: Sat, July 16, 8 am - 5 pm, Mon - Fri, July 18 - 22, 5:30 - 8:30 pm

Glass Workshop - August 1/010 Dates/Times: To be determined

Recycled Telephone Wire Basket

Make a bright, washable and sturdy wire basket from recycled telephone wire. These baskets were originally made in South Africa, called imbenge in the native language. They come in a myriad of colors in intricate, mesmerizing designs. See the photo on the website. Material fee \$10.

1/011 Dates: Sats, Feb 19 & 26 **Time:** 11:30 - 3:30 pm **Instr:** Rachel Salvagione

Fee: \$79

Place: Dilworth MS

Stained Glass - Introduction

The Tiffany style of copper foiling is used to create a square finished piece. Learn the techniques of glass cutting, foiling and soldering. All materials and equipment are provided. Material fee \$40.

1/012 Dates: Sats, Feb 19 & 26

Time: 12 - 4:30 pm **Instr:** Carole Hutchison

Fee: \$79 Place: Dilworth MS

Spring Flower Watercolor Class

In this 4-week watercolor class you will paint tulips, daffodils, pansies and iris, working in a different style each week. Learn techniques that are unique to watercolor, as well as composition, color and value. Perfect for beginners and experienced painters. Ask for material list when registering.

1/013 Dates: Weds, April 20, 27,

May 4, 11 **Time:** 6 - 9 pm **Instr:** Jan Foss

Fee: \$120

Place: Damonte Ranch HS

Wildflower Watercolor Class

In this two-night watercolor class you will learn to paint a wildflower bouquet and wildflowers in a landscape. You will learn about the wet-in-wet method, use of salt to suggest flowers, negative painting, creating texture with a spray bottle, various ways of painting skies and lots of watercolor tricks and techniques. Perfect for beginners and experienced students. Ask for material list when registering.

ARTS, CRAFTS & HOBBIES

1/014 Dates: Weds, May 18 & 25

Time: 6 - 9 pm Instr: Ian Foss Fee: \$60

Place: Damonte Ranch HS

Bob Ross Oil Painting -Landscapes

As seen on the PBS Joy of Painting program, the Bob Ross wet-on-wet oil painting method is easy to learn, even for beginners. This technique leads you step by step into the wonderful world of art. Each student must bring a 16" x 20" Fredrix red label canvas no thicker than 34". (No palette boards.) Please bring paper towels and baby wipes, if you have them, and an old shirt or apron to wear during class. Material fee \$35.

1/015 Date: Sat, Feb 12 1/016 Date: Sat, Apr 23 **Time:** 1 - 4:30 pm Instr: Shawna Burkhart Fee: \$69

Place: Dilworth MS

Bob Ross Oil Painting – Seascapes

Learn how to paint seascapes in just one class. Each student must bring a 16" x 20" Fredrix red label canvas no thicker than 34". (No palette boards.) Please bring paper towels and baby wipes, if you have them, and an old shirt or apron to wear during class. Material fee \$35.

1/017 Date: Sat, Mar 26 1/018 Date: Sat, May 28 **Time:** 1 - 4:30 pm Instr: Shawna Burkhart Fee: \$69 Place: Dilworth MS

Pottery on the Wheel

In this class, learn the basics of ceramics - pinch, slab and coil techniques - and "how to throw" on the pottery wheel. You will also experiment with various glazing and firing methods. Please wear close-toed shoes. Material fee \$50.

1/019 Dates: Tues, Feb 1, 8, 15, 22 Time: 5:30 - 7:30 pm Instr: Lauren Gandolfo Fee: \$99 Place: Reno HS.

Industrial Arts Bldg

Crochet for Beginners

Are "Do It Yourself" books confusing? Do you wish someone would show you that stitch or how to keep your project straight? Crochet for beginners will teach you how to start a project, read basic patterns, the chain stitch, single and double crochet, the difference between stitch and space, and finishing techniques. You will complete several projects while learning important lessons for beginners that aren't found in most books. Please ask for materials list when registering. Bring plain yarn, medium weight 4. NO dark colors or fancy yarns (soft, string threaded, ribbon, eyelash, etc.)

1/020 Dates: Thurs, Mar 17, 24, 31,

Apr 7

Time: 6:30 - 8:30 pm **Instr:** Davel Foote

Fee: \$54

Place: Dilworth MS

Crochet Intermediate

(Prerequisite: Crochet for Beginners or Instructor Approval)

Students will be making a sleeveless hoodie. It's a summery top made with a cross-stitch pattern, drawstring-waist styling and a hood. This project will require some homework yet will go amazingly fast with the alternating stitching, creating an airy look made with single and double crochet stitches. Treat yourself to extra yarn and make a matching drawstring bag in the same cross-stitch pattern. Please ask for materials list when registering.

1/021 Dates: Thurs, Apr 21, 28,

May 5, 12

Time: 6:30 - 8:30 pm **Instr:** Davel Foote

Fee: \$54

Place: Dilworth MS

Crochet Stars 'n' Stripes

(Prerequisite - Intermediate Crochet or Instructor Approval)

Ready to show your red, white and blue? Join this seasonal class with projects specially chosen for the patriotic holidays. We will be making patriotic placemats and napkin rings. Ask for material list when registering.

1/022 Dates: Tues & Thurs, May 17,

19, 24, 26

Time: 6:30 - 8:30 pm **Instr:** Davel Foote

Fee: \$54

Place: Dilworth MS

Knitting: A Purl of a Class

Make new friends in a comfortable setting! In this five-week class you can learn or improve your knitting abilities. Beginners and experienced knitters are welcome to learn and share. You will also learn about felting. Please ask for material list when registering.

1/023 Dates: Weds, Feb 2, 9, 16, 23,

Mar 2

1/024 Dates: Weds, Apr 27, May 4,

11, 18, 25

Time: 6 - 8 pm **Instr:** Jean Peters Fee: \$69 for 5 weeks

Place: Mendive MS Staff Lounge

NEW! Felted Bead Making

Learn the latest trend in jewelry, felt your own beads! We will use 100% pure wool fleece and make beads to use in various jewelry pieces. Make a bracelet, earrings, or necklace from beads you make yourself. Please wear apron or old clothing to first class. All materials are provided for \$16.

1/025 Dates: Tues, Mar 8 & 15

Time: 6 - 8 pm **Instr:** Marie Hooft

Fee: \$29

Place: Dilworth MS

NEW! Elegant Pearl Bangle

Using sterling silver wire and cultured freshwater pearls, learn basic wire bending and wrapping techniques to create a beautiful and stylish bracelet perfect for everyday wear or special enough for a beautiful bridal gift! Bring round nose pliers. All materials are provided for \$20.

1/026 Date: Tues, Mar 29

Time: 6 - 9 pm **Instr:** Marie Hooft

Fee: \$29

Place: Dilworth MS

LANGUAGE, CULTURE & TRAVEL

Beginning Spanish for Fun & Travel

Aren't there times when you wish you could speak Spanish? Our teacher has traveled extensively in Spanish speaking countries and has the skills to teach in a fun, relaxed environment. You will learn basic conversation and vocabulary. There is an optional fifth night at a restaurant to practice what you have learned on Wednesday, February 23.

1/027 Dates: Weds, Jan 26, Feb 2, 9, 16

Time: 6:30 - 8 pm **Instr:** Renee Andrini

Fee: \$69

Place: Damonte Ranch HS

Italian for Travelers

Are you traveling to Italy? Do you want to learn common expressions of courtesy and travel vocabulary? This class will give you a rudimentary knowledge of Italian with greetings, hotel lingo, currency and banking practices, shopping, sightseeing and safety tips! This class is designed for beginning students. *Material fee \$2*.

1/028 Dates: Tues, Mar 1, 8, 15, 22,

29, Apr 5

Time: 6:30 - 7:30 pm **Instr:** Donna Manca Fee: \$89 for 6 weeks

Place: Reno HS, Room N-12

French for Travelers

Is a trip to France in your future? Do you want to learn common expressions of courtesy and safety tips? This class will give you a basic knowledge of French with airport vocabulary, greetings, the metro system, hotel lingo, currency, tipping, shopping, sightseeing and safety tips! This class is designed for beginning students. Material fee \$2.

1/029 Dates: Thurs, Mar 3, 10, 17,

24, 31, Apr 7 Time: 6:30 - 7:30 pm Instr: Donna Manca

Fee: \$89 for 6 weeks

Place: Reno HS, Room N-12

Tuscany Spa Week October, 2011 October 8-16, 9 days* Cost approximately \$3500 per person

(exact price quote in January, 2011)

Includes:

- Round-trip air transportation with a major airline, airport transfers
- The services of a bilingual Go Ahead Tour Director
- Four half-day spa visits
- A licensed local city guide in Montecatini and Florence
- 7 nights in a comfortable, welllocated hotel with twin beds and private bath or shower
- All hotel service charges and tips, baggage handling and local taxes
- Buffet breakfast daily; 1 light lunch; 2 three-course dinners
- Go Ahead travel gift and membership in our World Traveler Club and credit toward your next tour

If you're looking to rest, recharge and relax, then spending a week at this Tuscan spa will fulfill all your desires. Enjoy a variety of spa treatments – from massages to facials to bathing in the healing waters of a thermal steam bath - while taking in the beautiful culture, tradition and allure of Tuscany.

You'll also have the opportunity to visit some of the most famous cities in Italy, or you can settle into the idyllic town of Montecatini for one of the most rejuvenating weeks of your life. Walking on tour: Tuscan Spa Week is a leisurely week of relaxation. However, some of the optional excursions do require a fair amount of walking. You may also experience some uneven terrain and hilly climbs while walking during these excursions.

* For a detailed itinerary and information on optional excursions, please contact Community Education at 353-5780 or email travelfromreno@gmail.com.

Online World Language Courses – Rosetta Stone® –

Learn a new language at your own pace, with 24/7 online access, for maximum language-learning flexibility. All you need is a computer with Internet access, a headset with a microphone and the desire to immerse yourself in another world.

WCSD is offering these languages to the community: Spanish (Latin America and Spain), French, German, Italian, Russian, English (US and UK), Portuguese, Arabic, Chinese (Mandarin), Japanese, Hebrew, Irish, Polish, Greek, Korean, Dutch, Hindi, Persian (Farsi), Swedish, Latin, Tagalog, Vietnamese, Turkish.

Rosetta Stone® uses rich visual imagery to help students learn and think in a new language. It systemically builds nouns and verbs into complete sentences and helps students build everyday proficiency in each of the four key language skills: listening comprehension, speaking, reading and writing.

The cost for unlimited access from January through April, 2011 is \$120. To continue unlimited access from May through August, 2011 is \$80.

For information, call 353-5780 or check out the website at www. rosettastone.com.



SPECIAL INTEREST

Blues Guitar for Beginners

The Blues is a foundation for most modern American music - jazz, rock and, of course, rhythm and blues. It's an American treasure and you will be surprised at how easy it is to learn. You will be playing a basic blues rhythm by the end of the first lesson. You need to bring an acoustical guitar. No prior musical background is required. During these eight weeks of classes, you will develop an understanding of general guitar and blues rhythm and lead techniques. Meet at 6 pm the first night of class and the instructor will divide the students into two sections. True beginners in the 6 - 7:15 pm class and those with some guitar experience in the 7:15 - 8:30 class. Material fee \$5.

1/030 Dates: Weds, Jan 26, Feb 2, 9, 16, 23, Mar 2, 9,16

1/031 Dates: Weds, Mar 23, 30, Apr 6, (no class Apr 13), 20, 27, May 4, 11, 18

Time: 6 - 8:30 pm **Instr:** Jerry Goodrich Fee: \$99 for 8 weeks

Place: Reno HS

Frugally Fabulous Wedding Receptions

Plan a "self catered" wedding reception with the help of experienced consultant Gail Early. Class will cover every aspect of planning your event and will include detailed instructions to help you select recipes, determine food quantities, time lines for food prep, and more. Fantastic recipes modified for large servings are also provided. Go to www.frugfab.com for more details. Material fee \$16.95 for the book. Enrolled student may bring one person with them to class at no additional charge.

1/032 Dates: Tues, Feb 8, 22, Mar 8

Time: 6 - 8:30 pm **Instr:** Gail Early Fee: \$59

Place: Reno HS

1/033 Dates: Mons, Apr 4, 18,

May 2

Time: 6 - 8:30 pm **Instr:** Gail Early

Fee: \$59

Place: Damonte Ranch HS

NEW! Travel FREE. Plus Make Money Doing It!

You can still afford a vacation! In this class, Gina Henry, world travel specialist, will show you hundreds of ways to get FREE airline tickets, hotels, cruises, tours, car rentals, meals and more. Learn how to maximize your frequent flyer miles, get "bumped" and fly for free. Fly as an air courier, teach English, get a tour guide job, or organize your own tours for family and friends. Write articles, shoot photos, volunteer, or get paid to drive. Learn the best travel web sites, tips on packing light, solo travel, safety, health, culture, the seven effective ways to negotiate, and the 50 most important words in any language that will empower you to travel anywhere. Instructor, Gina Henry has traveled to over 80 countries and 40 states. Check out www.goglobalinc.com for more instructor information. Material fee \$15.

1/034 Date: Wed, Feb 23

Time: 6 - 9 pm **Instr:** Gina Henry Fee: \$34

Place: Dilworth MS

NEW! Mediation: A Guide to Bridging Conflict

Conflict is inevitable. For almost any dispute, from divorce to family disagreement about an elderly parent, the escalating tension between neighbors, coworkers or business partners, mediation can help. Mediation allows people to resolve disputes quickly, efficiently and fairly. Trained mediators, Jeanette Belz and Margaret Crowley, will introduce you to this empowering alternative dispute resolution process.

1/035 Date: Thurs, Feb 24 **Time:** 6:30 - 8:30 pm **Instr:** Jeanette Belz & Margaret Crowley Fee: \$29

Place: McQueen HS

NEW! 2012 and the Mayan Calendar

Learn about the basic design of the 260day sacred Mayan calendar and explore the similarities between ancient Eastern and Western thought. Gain a refreshing perspective on 2012. Call Community Ed at 353-5780 to give us your birth date, time and place and receive a birth report, your feng shui number and four best directions. Bring a notebook, an open mind and be ready to ask lots of questions. Material fee \$25 for datebook and personal report. Extra personal reports for family members available for \$15 each.

1/036 Dates: Mons, Feb 28 & Mar 7

Time: 6:30 - 8:30 pm **Instr:** Michelle Buck

Fee: \$39

Place: Dilworth MS

Power Speaking & **Self Empowerment**

This special and unique public speaking class is for those of us who have a FEAR OF SPEAKING IN FRONT OF PEOPLE. Learn to stand-up and get your point across in a succinct and clear manner. Learn to quickly organize your thoughts, channel nervousness and deliver a powerfully effective speech be it 30 seconds or 30 minutes. Taught by leading "self-empowerment specialist," Joseph Giampapa, M.A. For more information, go to www. josephgiampapa.com.

1/037 Dates: Weds, Mar 2, 9, 16,

23, 30, Apr 6 Time: 6:30 - 8 pm **Instr:** Joseph Giampapa Fee: \$99 for 6 weeks Place: Wooster HS

NEW! From Journal Writing to Problem Solving

Learn and practice journal writing skills in a guided and non-judgmental setting toward effective life-changing and decision-making goals. Bring a notebook and pen and apply personal growth strategies through self-expression. Tools used in this class can be adapted to a time-saving personal computer journal.

1/038 Date: Tues, Mar 8

Time: 6 - 9 pm

Instr: Pat Holland Conner, MA

Fee: \$39

Place: Swope MS

SPECIAL INTEREST

NEW! Learning Effective Strategies to Move Beyond Loss

Losses are everywhere, regardless of the source: jobs, homes, divorce, death or family connections. Participants will learn how to turn brokenness into creative choices, gain an understanding of the rebuilding process and identify adaptive strategies for taking charge again. Join us and learn creative ways to deal with crisis. Material fee \$8.

1/039 Date: Thurs, Mar 24

Time: 6 - 9 pm

Instr: Pat Holland Conner, MA

Fee: \$39

Place: Swope MS

Building Your Financial Portfolio on \$25 a Month (or less)

Ioin California authors and retired bankers Bobbie and Eric Christensen for an information packed seminar on how to invest in safe, secure investments that are historically proven and will even gain during a recession. Plus what is happening in our economy and stock market today and how to use this information to improve your own finances. In easy to understand language they will explain: what your broker will never tell you; how to bypass your broker and keep the profit for yourself; how to find safe and secure investments; what the current economy means to your wallet and what you can do about it. The Christensens are not stock brokers or financial managers but are investors just like you who have used this practical method themselves for nearly 30 years. An optional book is available at class for \$15.

1/040 Date: Fri, Mar 4 Time: 6 - 9 pm

Instr: Bobbie & Eric Christensen

Fee: \$49

Place: Dilworth MS

Writing, Publishing & Marketing Your First Book

A day-long conference for potential writers and published writers.

Bobbie Christensen, California author of more than ten published books including award-winners and best-sellers, will show you how to develop and complete your manuscript in just six weeks by following her 10-step plan. Create a

page-turner whether writing fiction or non-fiction, cookbook or textbook. Learn how to submit your work to a publisher or self-publish. Examine the differences between the two methods and the effect your choice has on your time, money and percentage of the profits you get to keep. Includes forms, contracts and samples. The marketing part of the conference focuses on the six-step marketing plan which includes how to make a profit before your book is even printed, setting up book signings for maximum sales, setting up and presenting seminars, writing news releases and much more. Material fee \$15.

1/041 Date: Sat, Mar 5

Time: 9 am - 4 pm Instr: Bobbie Christensen

Fee: \$89

Place: Dilworth MS

Dementia & Aging: The Basics

Longevity is terrific, provided we maintain adequate mental and physical health. Dr. Steven Rubin, MD, specialist in clinical and out-patient geriatric and adult psychiatry, will address the mixed blessings of aging and its cognitive consequences. Nutrition, medication and psychosocial challenges that affect seniors as well as caregivers will be discussed during this pragmatic and enjoyable class. Handouts will be provided.

1/042 Date: Sat, Mar 5

Time: 9 am - 12:00 pm **Instr:** Steven Rubin, MD

Fee: \$30

Place: Dilworth MS

Basics of SELLING on eBay

In this two-evening class, you will learn how to use eBay as a sales channel. Topics covered are: how to open an eBay account, listing items for sale, creating titles, descriptions and photographs, payments accepting online monitoring sales. The instructor, Brad Yuill, has been eBay certified and is an eBay PowerSeller.

1/043 Dates: Mon & Wed, Mar 28, 30

Time: 6:30 - 9 pm Instr: Brad Yuill

Fee: \$79

Place: Dilworth MS

Landscape Curb Appeal

Create an entry to your home that you can be proud of. Welcome your guests and be the envy of the neighborhood. You will learn ways to improve your front stoop and walkway and how to use plants to enhance your home's appearance from the street.

1/044 Date: Mon, Mar 28

Time: 6:30 – 8 pm Instr: Rachel Hart, Landscape Architect

Fee: \$39

Place: Swope MS

Principles of Xeriscape

Learn the secrets of creating a successful water-wise garden. Save water and money and still have a beautiful yard. Rachel Hart is a landscape architect. In this course, she will cover the Seven Basic Principles of Xeriscape - the plan, soil improvement, turf areas, appropriate plants, mulch, irrigation and maintenance.

1/045 Date: Wed, Apr 6

Time: 6:30 - 8 pm Instr: Rachel Hart, Landscape Architect

Fee: \$39 **Place:** Swope MS

Growing Incredible Vegetables & Herbs

This is a class for beginner gardeners. Learn all about seed starting, selecting the best herbs and vegetables to grow in our climate, and how to harvest and store them. Growth requirements, organic gardening, container gardens and popular herb uses will be discussed.

1/046 Date: Wed, Mar 16

Time: 6:30 - 8:30 pm Instr: Michelle Deetken, PhD

Fee: \$29

Place: Mendive MS

ARE YOU 65 OR OLDER?

If so, you are eligible for a 15% discount on Community Education classes.

Please call our office at 353-5780 **BEFORE** registering for classes to receive this special discount.

SPECIAL INTEREST / CULINARY ARTS

Social Media for Home Business

Learn the secrets of leveraging social media to drive customers to your business website and turn "fans" into sales. Come in with a basic knowledge of what social media it and learn how to take online marketing to the next level using free resources you can find on the web.

1/112 Date: Thurs, Feb 10 **Time:** 6:30 - 9 pm **Instr:** Kristy Fifelski

Fee: \$45

Place: Damonte Ranch HS

NEW! Financial Planning – The Basics & Beyond

This class is designed for those individuals who want to take what they know about financial planning to the next level. This class cover three financial areas in three weeks: Cash Flow 101 will focus on budgeting, debt management and planning for emergencies; Investment 101 will cover types of investments and accounts, modern portfolio research and design; Planning 101 covers estate, insurance, retirement, education, tax and philanthropy topics.

1/049 Dates: Weds, April 20, 27, May 4

Time: 6:30 - 8:30 pm **Instr:** Justin Thomas

Fee: \$59

Place: Damonte Ranch HS

How to Teach a Class for Community Education

Do you have a special talent or skill that you could teach to others? This FREE course gives you the chance to explore teaching possibilities with WCSD Community Education. Learn about course descriptions, preparing your lessons, determine materials needed, handouts, class fees and other details. Discuss your ideas and get feedback from others in the class. Call Community Education at 353-5780 to register.

1/050 Date: Wed, April 27

Time: 6:30 - 8:30 pm Instr: Debbie Melahn

Fee: FREE

Place: Dilworth MS

Filipino Cooking - Lumpia

Learn how to make both fried and fresh versions of Lumpia – a Filipino version of the egg roll. The filling is made with chopped raw or cooked vegetables, meat, shrimp or a combination. Lumpia is typically served as a snack or appetizer. Ask for material list when registering. Material fee \$15.

1/051 Date: Tues, Feb 15 **Time:** 6:30 - 9 pm

Place: Depoali MS 1/052 Date: Wed, Apr 21

Time: 6:30 - 9 pm Place: Mendive MS **Instr:** Eddie Aure

Fee: \$39

RAW FOODS

The following one-evening classes feature LIVING, WHOLE, RAW FOODS, ALLORGANIC, NO DAIRY, NO GLUTEN or PRESERVATIVES, but lots of flavorful nutrition! Bring "to go" containers to take home what you can't finish eating in class. The fee for each class is \$29 payable to Community Education and there is a material fee of \$35 that covers ALL food costs payable directly to the instructor the night of class. If you have any questions about raw food preparation or the ingredients used, please give Linda Clark a call at 747-3542.

Breads, Crackers, a Chip & a Dip

No, you don't have to stop eating these things just because you want to eat better. We will make pizza out of onion bread, Mediterranean almond bread for sandwiches, spinach crackers, Italian herb flax seed crackers, kale chips, cheesy pimento spread and a chocolate surprise. Material fee of \$30 covers ALL food costs. Limited to 15 students.

1/053 Date: Tues, Feb 22 **Time:** 6 - 8:30 pm

Instr: Linda Clark

Fee: \$29

Place: McQueen HS

Fiesta Night

Fiesta Night includes a delicious assortment of Mexican flavors including healthy corn chips for dipping, guacamole and salsa, non dairy sour cream, corn chowder, tortillas, Mexican flavored rice pilaf and key lime pie. (Yes, key lime pie.) Material fee of \$30 covers ALL food costs. Limited to 15 students.

1/054 Date: Tues, Mar 8

Time: 6 - 8:30 pm Instr: Linda Clark

Fee: \$29

Place: McQueen HS

Italian Night

We will be preparing lasagna, a garden salad with the sweetest of salad dressings, garlic bread sticks and for dessert, brownie candy coated bites. Material fee of \$30 covers ALL food

costs. Limited to 15 students. **1/055 Date:** Tues, Mar 22

> **Time:** 6 - 8:30 pm **Instr:** Linda Clark

Fee: \$29

Place: McQueen HS

Chocolate Easter Candies

Learn how to fill and mold special candies that are so good for you, you will want to eat them for breakfast. You will learn how to work with raw cacao butter and raw cacao powder to make chocolate candies filled with almond butter, soft chocolate, fruits, nuts and coconut (like Almond Joys), and chocolate truffles rolled in chopped nuts and cacao nibs. Material fee of \$30 covers ALL food costs. Limited to 10 students.

1/056 Date: Tues, Apr 5 **Time:** 6 - 8:30 pm Instr: Linda Clark

Fee: \$29

Place: McQueen HS

Spring Into Summer Soups

This will be a SOUP PARTY! We will be making watermelon gaspacho, pineapple gaspacho, cream of broccoli, corn chowder and carrot avocado all served with chopped veggies or steamed quinoa and some breads and crackers. Dessert will be a surprise! Material fee of \$30 covers ALL food costs. Limited to 15 students.

1/057 Date: Tues, May 3 **Time:** 6 - 8:30 pm

Instr: Linda Clark Fee: \$29

Place: McQueen HS

COMPUTERS

THURSDAY AFTERNOON COMPUTER CLASSES AT MENDIVE MIDDLE SCHOOL

These classes are at Mendive Middle School, 1900 Whitewood Drive, Sparks 89434. Enter on Del Rosa Street off Vista Boulevard and park behind the school. Enter through the door to the right of the library and go to room 515.

Computer Basics - Hardware, Software, Internet, Email and More

This two-part class is for those who are brand new to, or intimidated by, computers. Learn a bit of the computer lingo (monitor, processor, hard drive, RAM, hardware, operating system, software) and get lots of practice using the computer. Explore the world of Windows. Type a short letter using a word processing program. Draw a simple picture with the mouse using an art program. Material fee \$5.

1/058 Dates: Thurs, Jan 20 & 27 **Time:** 2:30 – 5:30 pm Instr: Jean Gage Fee: \$95 Place: Mendive MS

Word® 2007 Basics

Are you new to Microsoft Word or have been using it a while - but it's frustrated or gotten the best of you? This six-hour class will put you in control of your word processing. We'll explore the new Ribbon, Tabs, Groups and Commands; and learn the TIPS and TRICKS for using the program. Of course, the basics include moving and copying your text, setting margins and sprucing up your work with different fonts and colors. Let Word check the spelling and grammar for you, and then you're ready to save and print. By the end of the class, you'll also know how to use bullets and numbers for lists and create envelopes and mailing labels for your letters. Material fee \$5.

1/059 Dates: Thurs, Feb 3 & 10 **Time:** 2:30 - 5:30 pm **Instr:** Jean Gage

> Fee: \$95 Place: Mendive MS

Excel® 2007 Basics

This six-hour course covers Microsoft Excel essentials including screen components, ribbon, tabs, groups and commands, and identifies a variety of tricks to make you a more efficient user, including how to use the four mouse pointers and the many rightclick shortcut menus. You'll build a spreadsheet, enter and modify your data, refine it with new easy formatting, save it and print it. Formulas are key components of Excel, and course participants will engage in hands-on practice creating averages totals, minimums, percentages. Material fee \$5.

1/060 Dates: Thurs, Feb 17 & 24 **Time:** 2:30 - 5:30 pm Instr: Jean Gage Fee: \$95 Place: Mendive MS

PowerPoint® 2007 Basics

Microsoft PowerPoint can be used for anything from professional presentations and training seminars, to wedding and birthday parties. In this hands-on, sixhour class, you'll learn how to create dynamic, high-impact presentations by exploring screen components, typing the content, using PowerPoint's many themes, graphics, charts, animation and sound. PowerPoint makes sharing slides between files easy and the new publishing choices give you control over what is hidden and what shows, as well as who can make changes to your file. Material fee \$5.

1/061 Dates: Thurs, Mar 24 & 31 **Time:** 2:30 - 5:30 pm Instr: Jean Gage Fee: \$95 Place: Mendive MS

Excel® 2007 Intermediate

(Excel Basics, or instructor approval, is a prerequisite)

Building on the concepts covered in the Excel Basics course, this intermediate six-hour course offers opportunities to work with large files by freezing panes and splitting the window, use named ranges to make navigation easier, and use styles for formatting. You'll also

learn how to create pie, bar, column, XY and other charts in Excel to present your numeric data in a professional-looking and easy-to-read format. In addition, the course will cover sorting and filtering to manage data lists and offer practice working with formulas and functions. Material fee \$5.

1/062 Dates: Thurs, Apr 7 & 21 **Time:** 2:30 - 5:30 pm Instr: Jean Gage Fee: \$95

Digital Camera Basics

This two-part course is a basic introduction to using your digital camera. You will begin by learning the camera's features, including Flash, Macro, Zoom, Menus, Modes and Scenes and discuss selecting, using and caring for memory cards and batteries. Use Windows Explorer to see your camera's photos, transfer images from your camera to your computer or USB Flash Drive and burn CDs to backup photos. Also learn how to make your photos into a computer slide show or add them to a Word document or email them to friends and family. Material fee \$5.

1/063 Dates: Thurs, Apr 28 & May 5 Time: 2:30 - 5:30 pm Instr: Jean Gage Fee: \$95

EVENING COMPUTER CLASSES AT DILWORTH MIDDLE SCHOOL

Very Basic Intro to Computers

This class is for people who have never used a computer. You will learn about the Windows environment, maintaining your computer, basic terminology (CPU, monitor, hard drive, etc.), installing software, basic computer commands, and opening, saving and printing documents. You will get advice on what to look for when purchasing a computer.

1/064 Dates: Mons & Weds, Feb 28, Mar 2, 7, 9 **Time:** 6 - 7:30 pm

Instr: Deanna Snell Fee: \$89

Place: Dilworth MS

COMPUTERS

Basic Computers -What Is All That Stuff?

This course is designed for people who already use computers but are not comfortable with them. You will learn about backing up files, basic program computer terminology commands, (hard drive, software, mouse, CPU) and learn basic computer skills in a fun and relaxed environment.

1/065 Dates: Mons & Weds,

Apr 18, 20, 25, 27 **Time:** 6 - 7:30 pm **Instr:** Deanna Snell

Fee: \$89

Place: Dilworth MS

Computers & Windows -The Next Step

Is Windows a mystery to you? Come learn the basic Window's functions and terminology in a fun and relaxed environment. Create desktop shortcuts, change your desktop picture, learn file management and customize your Windows environment to suit you. Understanding Windows will make working with your computer easy and more fun!

1/066 Dates: Mons & Weds.

May 2, 4, 9, 11 **Time:** 6 - 7:30 pm Instr: Deanna Snell

Fee: \$89

Place: Dilworth MS

Beginning Word® 2007

Do you want your correspondence to look first class? Do you want to improve your job skills? Do you want to take advantage of all the things your word processing software can do? This class is for you if you want to become better at formatting, creating documents, cutting, copying, and pasting. You will be using Word to learn these skills, which are used in all major word processing programs.

1/067 Dates: Mons & Weds,

May 16, 18, 23, 25 **Time:** 6 - 7:30 pm Instr: Deanna Snell

Fee: \$89

Place: Dilworth MS

Beginning Excel® 2007

Learn how to create Microsoft Office Excel workbooks, how to enter and edit text and numbers, how to add and delete columns and rows, create formulas such as totals and averages.

1/068 Dates: Tues & Thurs,

May 17, 19, 24, 26 **Time:** 6 - 7:30 pm

Instr: Deanna Snell

Fee: \$89

Place: Dilworth MS

MACINTOSH Computer Dos and Donts

In this seminar for new as well as experienced Mac users you will learn tips and tricks to keep your Macintosh computer running at its best. Topics such as data storage devices, file management, data backup, email, user accounts, font management, software installation, security, ergonomics and cleaning will be covered. Bring your personal Macintosh laptop to follow along, but it is not necessary in order to benefit from this class.

1/069 Date: Wed, March 2

Time: 6 - 8 pm Instr: Randall Freeman

Fee: \$39

Place: Dilworth MS

MACINTOSH Computer Basics

Are you new to the Macintosh computer or do you want a short refresher course on how to use your Macintosh? In this four-hour, two-part class you will learn the basics of how to organize and find your files, store addresses, create a calendar of events, watch movies and DVDs, use e-mail, find information on the Web, backup your files, use shortcuts and customize your Mac. You will also explore some of the useful programs that come with your Macintosh computer. This class covers operating systems 10.5 and 10.6, known as Leopard & Snow Leopard. Limited to 15 students.

1/070 Dates: Weds, March 9, 16

Time: 6 - 8 pm Instr: Randall Freeman **Fee:** \$84 + \$15 lab fee Place: Little Flower School. 1300 Casazza Dr, Reno 89502

Intro to Digital Photography -MACINTOSH

(Basic Macintosh computer skills required)

Do you want to learn how to organize, improve and share your digital photos with family and friends? Want to share your photos as e-mail, cards, books, slide shows on CD, DVD or the Web? In this six-hour, three-part class you will be introduced to what you can do with digital photos on a Macintosh computer using iPhoto (Version 9 is included with all new Macintosh computers). Learn how to organize your photo collection so that you can find a specific photo in the blink of an eye. Photo editing topics such as exposure, cropping, resolution, saturation, sharpness, tint and red eye will be covered. Limited to 15 students.

1/071 Dates: Weds, March 23, 30,

April 6 **Time:** 6 - 8 pm **Instr:** Randall Freeman **Fee:** \$129 + \$15 lab fee **Place:** Little Flower School, 1300 Casazza Dr, Reno 89502

Intro to Video Editing -MACINTOSH

(Basic Macintosh computer skills required)

Do you want to learn how to turn your camcorder videos into mini-movies to share with family and friends on CD, DVD or the Web? In this sixhour, three-part class you will get an introduction to video editing using a Macintosh computer and iMovie (Version 9 is included with all new Macintosh computers). Learn the basics of how to plan, shoot, import, sequence, add transitions and titles then create a movie to share. Video editing topics such as video formats, aspect ratios, cropping, audio editing, title and transition types will be covered. Limited to 15 students.

1/072 Dates: Weds, May 4, 11, 18

Time: 6 - 8 pm **Instr:** Randall Freeman **Fee:** \$129 + \$15 lab fee Place: Little Flower School. 1300 Casazza Dr, Reno 89502

COMPUTERS & DIGITAL PHOTOGRAPHY

COMPUTER CLASSES AT THE UNIVERSITY OF **NEVADA'S REDFIELD CAMPUS**

WCSD is partnering with the University of Nevada's Office of Extended Studies and offering computer courses at the Redfield Campus, 18600 Wedge Parkway, Reno, off the Mount Rose Highway.

For course descriptions or to register, go to www.extendedstudies.unr.edu or call 784-4046.

HOBBYIST COURSES IN PHOTOGRAPHY & PHOTO/VIDEO **EDITING**

These courses guide the participant from the first steps of using a digital camera through the basics of photo editing with Photoshop® Elements. No prior experience is required.

Using a Point & Shoot Camera

Dates/Time: Sats, Feb 12 & 19, 8:30 am - 12:30 pm Fee: \$99

Using a Digital SLR Camera (with changeable lenses)

Dates/Time: Sats, Jan 29 & Feb 5, 8:30 am -12:30 pm Dates/Time: Sats, July 9 & 16, 8:30 am - 12:30 pm Fee: \$99

Photoshop® Elements **Basics**

Dates/Time: Sats, Feb 12 & 19, 8:30 am - 12:30 pm Dates/Time: Mons, Apr 4, 11, 18, 6 - 9 pm Dates/Time: Mons, July 9 & 16, 1 - 5 pm Fee: \$99

Using a Digital SLR Camera - Advanced

Dates/Time: Sats, Mar 12 & 19, 8:30 am - 12:30 pm Dates/Time: Sats, July 30 & Aug 6, 8:30 am - 12:30 pm

Fee: \$99

Photoshop® Elements Advanced

Dates/Time: Sats, Mar 12 & 19, 1 - 5 pm Dates/Time: Mons, May 2, 9, 16, 6 - 9pm Dates/Time: Sats, July 30 & Aug 6, 1 - 5 pm Fee: \$99

Premier® Elements Basics

Dates/Time: Sats, May 14 & 21, 8:30 am - 12:30 pm Dates/Time: Mons, July 11, 18, 25, 6 - 9 pm Fee: \$99

Premier® Elements Advanced

Dates/Time: Sats, Aug 20 & 27, 1 - 5 pm Dates/Time: Mons, July 11, 18, 25, 6 - 9 pm Fee: \$99

Camera RAW **Processing**

Dates/Time: May 24, 25, 26, 6-9 pm Fee: \$99

PROFESSIONAL COURSES IN ADOBE® **CREATIVE SUITE 4**

These courses provide training in Adobe® Creative Suite 4 applications for the experienced participant or professional.

Photoshop® Essentials

Dates: Tues, Weds, Thurs, Jan 25, 26, 27, Feb 1, 2, 3 Dates: Tues, Weds, Thurs, Apr 5, 6, 7, 12, 13, 14 Dates: Tues, Weds, Thurs, Aug 16, 17, 18, 23, 24, 25 **Time:** 6 - 9 pm Fee: \$349

Illustrator® Basics

Dates: Tues, Weds, Thurs, Mar 22, 23, 24, 29, 30, 31 **Time:** 6 - 9 pm Fee: \$349

InDesign® Basics

Dates: Tues, Wed, Thurs, Mar 9, 10, 11, 16, 17, 18 **Time:** 6 - 9 pm Fee: \$349

Dreamweaver® Basics

Dates: Tues, Wed, Thurs, Feb 8, 9, 10, 15, 16, 17 **Time:** 6 - 9 pm Fee: \$349

Photoshop®Advanced

(Prerequisite - Working knowledge of Photoshop®) Dates: Tues, Weds, Thurs, May 3, 4, 5, 10, 11, 12 **Time:** 6 - 9 pm Fee: \$349

MICROSOFT OFFICE 2007[®] COURSES Word 2007 Basics

Date: Tues, Jan 18 Date: Tues, Feb 8 Date: Tues, Mar 29 Date: Tues, May 3 **Time:** 8:30 am - 3:30 pm Fee: \$100

Word 2007 Intermediate

Date: Tues, Jan 25 Date: Tues, Feb 15 Date: Tues, Apr 5 Date: Tues, May 10 Time: 8:30 am -3:30 pm Fee: \$100

Word 2007 Advanced

Date: Fri, Feb 25 **Time:** 8:30 am -3:30 pm Fee: \$100

Excel 2007 Basics

Date: Fri, Jan 21 Date: Fri, Feb 4 Date: Fri, Apr 1 Date: Fri, May 6 Time: 8:30 am - 3:30 pm Fee: \$100

Excel 2007 Intermediate

Date: Fri, Jan 28 Date: Fri, Feb 11 Date: Fri, Apr 8 Date: Fri, May 13 **Time:** 8:30 am - 3:30 pm Fee: \$100

Excel 2007 Advanced

Date: Fri, Feb 18 **Time:** 8:30 am - 3:30 pm Fee: \$100

Power Point 2007

Date: Tues, Feb 1 Date: Tues, Mar 22 **Time:** 8:30 am - 3:30 pm Fee: \$100

Access 2007 Basics

Dates: Tues & Fri, Feb 1 & 4 **Time:** 8:30 am - 3:30 pm Fee: \$200

Access 2007 Intermediate

Dates: Tues & Fri, Mar 8 & 11 **Time:** 8:30 am - 3:30 pm Fee: \$200

Outlook 2007

Date: Tues, Apr 12 **Time:** 8:30 am - 3:30 pm Fee: \$100



FUN, FITNESS & HEALTH

Zumba®

Would you like to have some fun while exercising? Then ditch the workout and join the Zumba® party - exercise in disguise. Zumba incorporates Latin dance rhythms and easy-to-follow moves to achieve a one-of-a-kind cardio workout. Wear comfortable clothing to sweat in, cross-trainer type shoes and bring plenty of water. This class involves moderate to strenuous cardio activity.

1/073 Dates: Weds, Jan 19, 26, Feb 2, 9, 16, 23

1/074 Dates: Weds, Mar 2, 9, 16, 23, 30, Apr 6

1/075 Dates: Weds, Apr 20, 27, May 4, 11, 18, 25

> **Time:** 5:45-6:45 **Instr:** Zabett Buzzone Fee: \$69 for 6 weeks Place: Dilworth MS

Turbo Kick

Are you ready to shed pounds, get into shape and have a kick doing it? Led by certified Turbo Kick instructor Sandy Schreiner this workout is kickboxing, dance, martial arts and T'ai Chi rolled into one. No matter what your fitness level, this high energy workout combines the hottest dance tunes with body slimming moves. Wear workout clothes, trainer shoes and bring water and a yoga mat or towel.

1/076 Dates: Thurs, Feb 17, 24, Mar 3, 10, 17, 24 1/077 **Dates:** Thurs, Apr 21, 28, May 5, 12, 19, 26 **Time:** 6:15 - 7:30 pm **Instr:** Sandy Schreiner Fee: \$69 for 6 weeks

T'ai Chi for Health - Set 1

Place: Lenz ES

An ancient art, T'ai Chi enhances a state of well being. It helps promote fitness, energy, balance, and calmness with low impact practice. A forty minute total aerobic workout if completing all three Sets, T'ai Chi Chuan, Yang Style, Long form can lower blood pressure, loosen tight and painful arthritic joints, reduce pain of fibromyalgia, help difficult breathing, stabilize weight, and more. This form of T'ai Chi is taught in three separate sections (Sets). Be prepared

to have fun learning this graceful and beneficial art form. (Repeating students, please email Christy.heinrich@gmail. com) Limited to 20 students.

Dates: Mons & Weds

1/078 Session 1: Jan 19 - Feb 14 (starts on Wed)

1/079 **Session 2:** Feb 16 - Mar 16 (starts on Wed, no class Feb 21)

1/080 Session 3: Mar 21 - Apr 20 (no classes Apr 11 & 13)

1/081 Session 4: Apr 25 - May 18

1/082 Session 5: June 6 - 29

1/083 Session 6: July 6 - 27 (starts on Wed, no class July 4)

1/084 Session 7: Aug 8 - 31 **Time:** 6 - 7 pm

Instr: Christy Heinrich

MaryAnn Jones

Fee: \$59 per session of 8 classes Place: Mendive MS, Room 202

June - August classes: East Lawn, Reed HS

T'ai Chi for Health - Set 2 (Prerequisite – T'ai Chi – Set 1)

Limited to 20 students.

Dates: Tues & Thurs **1/085 Session 1:** Apr 19 - June 2

1/086 Session 2: June 7 - July 14 **1/087 Session 3:** July 19 - Aug 25

Time: 6 - 7 pm

Instr: Christy Heinrich

MaryAnn Jones

Fee: \$89 per session of 12 classes

Place: Mendive MS, Room 202 June - August classes:

East Lawn, Reed HS

Yoga at Damonte Ranch HS

Have you always wanted to start Yoga but find the classes or gym intimidating or over-whelming? Then these classes, taught over a six-week period, will be a wonderful opportunity to do something great for your mind and body. Taught by a Certified Yoga Instructor, Lindsay Chapman focuses on the principles, philosophy, movements, breathing and relaxation techniques of yoga. The course is perfectly suited for the absolute beginner or the yoga student with some experience. Please bring a yoga mat and wear clothing that is easy to move in. Yoga straps are highly recommended.

Call 353-5780 prior to registering if you have any special physical limitations or conditions.

1/088 Dates: Tues, Jan 18, 25, Feb 1, 8, 15, 22

1/089 Dates: Tues, Mar 1, 8, 15, 22, 29, Apr 5

1/090 Dates: Tues, Apr 19, 26, May 3, 10, 17, 24, 31

> **Time:** 5:30 - 6:45 pm **Instr:** Lindsay Chapman

Fee: \$79 for 6 weeks

Place: Damonte Ranch HS

Yoga for Relaxation at Sparks Middle School

Yoga is a proven remedy for effective relief of pain, stress and anxiety. This beginner's class inspires release of physical and mental discomforts. Gently working the muscles of the body will prepare them for sustained holds. Themed around relaxation, the postures that we engage in include gentle inversions to change the physiological balance of the body. Deep breathing exercises serve as a useful tool to break up the ongoing chatter of the mind. Yoga for Relaxation is infused with positivity, insight and TLC. Not only is personal fitness addressed through conscientious movement, but the use of imagery in the final pose allows for a blending of mind, body and soul. This class is at the beginners level, but also suitable for the seasoned practitioner. Please bring a yoga mat and wear clothing that is easy to move in. Yoga straps are highly recommended. Call 353-5780 prior to registering if you have any special physical limitations or conditions.

1/091 Dates: Weds, Jan 19, 26, Feb 2, 9, 16, 23

1/092 Dates: Weds, Mar 2, 9, 16, 23, 30, Apr 6

1/093 Dates: Weds, Apr 20, 27, May 4, 11, 18, 25

Time: 5:30 - 6:45 pm **Instr:** Lindsay Chapman

Fee: \$79 for 6 weeks Place: Sparks MS

FUN, FITNESS & HEALTH

Gentle Yoga at Swope MS

Gentle Yoga is a slower paced practice for those just beginning. The poses are held longer with gentle, gradual muscle stretching to promote joint mobility as well as calm the nervous system. Short meditations will be included in the practice. Students must bring a yoga mat and large towel or blanket. Yoga blocks are helpful. Call 353-5780 prior to registering if you have any special physical limitations or conditions.

1/094 Dates: Tues, Jan 11, 18, 25,

Feb 1, 8, 15

Time: 4:45 - 5:45 pm Instr: Gina MacLellan Fee: \$79 for 6 weeks Place: Swope MS

Yoga at Swope Middle School

In this class you will be given the opportunity to start and build a strong foundation in yoga. Learn the basics in breathing, yoga poses, and alignment in a completely comfortable and noncompetitive environment. Develop the tools needed to create more strength, balance and flexibility in your body and in your life. Gain peace, joy and clarity. Students must bring a yoga mat. Yoga blocks are helpful. Call 353-5780 prior to registering if you have any special physical limitations or conditions.

1/096 Dates: Tues, Jan 11, 18, 25, Feb 1, 8, 15

1/097 Dates: Tues, Mar 1, 8 15, 22, 29, Apr 5

1/098 Dates: Tues, Apr 19, 26, May 3, 10, 17, 24

> **Time:** 6 - 7 pm Instr: Gina MacLellan Fee: \$79 for 6 weeks **Place:** Swope MS

Urban Walking to Maximize Your Workout

¡Se habla español!

Learn how to Nordic Walk with Nordic Walking Poles and make your regular walking workout up to 40% more effective. You can strengthen your upper body, reduce stress on the joints and burn up to 40% more calories than associated with normal walking

without an increased perceived effort. Do you hands swell when hiking? Incorporate this technique in your hiking as well. Appropriate for all fitness levels, including seniors. Meet the instructor at the Huffaker Elementary School parking lot. Bring your own Nordic Walking poles (not trekking poles) or use those provided by the instructor for a \$7 fee. Students who complete the course can purchase the poles at a 20% discount from a local retailer. Please call 353-5780 prior to registering if you have special physical limitations or conditions. For more info on Nordic Walking and its benefits, go to www.anwa.us or www.leki.com/ nordicwalking.

1/099 Date: Sat, Apr 23

Time: 9 am - noon **Instr:** Marti Kernecker

Fee: \$39

Place: Meet in the Huffaker ES

parking lot

Nordic Walking Exploration

(Prerequisite - Urban Walking or Nordic Walking Introduction)

¡Se habla español!

Use your newly acquired skills as you explore trails in Reno, while improving your technique. The first class will meet at Harrah's Automobile Museum parking lot. Please arrive a few minutes early. Subsequent meetings will be announced. Bring your own Nordic Walking poles or use those provided by the instructor for \$3 per class. Please call 353-5780 prior to registering if you have any special physical limitations or conditions.

0/100 Dates: Mons, Apr 26, May 2, 9

+ make-up day May 16 **Time:** 5:30 - 6:45 pm **Instr:** Marti Kernecker Fee: \$39 for 3 weeks **Place:** First class meeting at Harrah's Automobile Museum parking lot, subsequent locations to be announced

Adult Group Golf Lessons

These adult group golf lessons are taught by Don Krivanek, an instructor with more than 40 years experience. This class will cover the golf swing, rules and etiquette. The goal is to prepare the beginning golfer for playing at least a Par Three course and give the experienced golfer more practice and pointers to improve his or her golf game. Golf clubs provided during class. A \$35 material and lab fee is payable to Bunker Golf on the first day of class.

1/101 Dates: Tues, Mar 29, Apr 5, 12,19, 26, May 3

1/102 Dates: Tues, May 10, 17, 24, 31, June 7, 14

> **Time:** 6:15 - 7:15 pm Instr: Don Krivanek Fee: \$100 for 6 weeks

Place: Bunker Indoor Golf and Sierra Bay Aqua Range,

Grand Sierra Resort

Hoop Dance 1 – Beginners

Remember how much fun hula-hooping was as a kid? In this incredibly fun class, lead by a certified Hoop Dance Instructor, learn the fundamentals of hooping on the waist while moving in all directions. Explore transitions on and off the body, change planes of hoop rotations and add flair with tricks. Increase body awareness and coordination through techniques designed to create cardiovascular endurance, strengthening and flexibility. Hoop Dance relieves stress and promotes laughter through playful exercise. Hoops may be rented for \$15 for the 6-week session or if you would like to purchase a specially made hoop, they will be available for \$35.

1/103 Dates: Thurs, Jan 20, 27, Feb 3, 10, 17, 24

1/104 Dates: Thurs, Apr 21, 28, May 5, 12, 19, 26

Time: 6:30 - 7:45 pm **Instr:** Lindsay Chapman Fee: \$79 for 6 weeks Place: Caughlin Ranch ES

FUN, FITNESS & HEALTH

Hoop Dance 2 - Beginners

(Prerequisite - Hoop Dance 1)

Continue to develop Hoop Dancing skills in this 6-week course. Reverse directions of the hoop while moving to improve coordination on the nondominate side of the body. Learn hoop angles to build strong core muscles and a healthy spine. Find the feeling of flow as we integrate skills into our dance with seamless transitions.

1/105 Dates: Thurs, Mar 3, 10, 17, 24, 31, Apr 7

Time: 6:30 - 7:45 pm **Instr:** Lindsay Chapman Fee: \$79 for 6 weeks Place: Caughlin Ranch ES

Beginning Ballroom and Social Dance

You do not have to dance like a star to feel like one. Learn to be more relaxed and confident in any social situation. We'll learn Foxtrot, Waltz, Rumba, East Coast Swing, Tango and more. This session enhances understanding and application of dance concepts, lead/ follow, music interpretation, creative expression and partnership. Experience the benefits of dance while having fun. Having a dance partner is highly recommended. Please wear comfortable shoes that do not scuff floors.

1/106 Dates: Mons, Feb 7, 14, (no class Feb 21), 28, Mar 7, 14, 21 **Time:** 6:30 - 7:30 pm **Instr:** Barbara Vaughan Fee: \$49 for 6 weeks Place: Dilworth MS

Intermediate Ballroom and **Social Dance**

(Prerequisite - Beginning Ballroom and Social Dance)

Continue the fun with your ballroom dancing while polishing individual styles, lead and follow. We'll practice Foxtrot, Waltz, Rumba, a variety of swings, some Salsa and more. Brush up on specific dances and achieve personal goals while learning to dance with almost anyone. This class focuses on more dances and advanced movements in dances previously introduced. The emphasis on technical aspects serves to create more amalgamated movements along

with specialized patterns in each dance. Spontaneous choreography will be key to this session and the development of a greater understanding and love of each dance. Having a dance partner is highly recommended. *Please wear comfortable* shoes that do not scuff floors.

1/107 Dates: Mons, Feb 7, 14, (no class Feb 21), 28, Mar 7, 14, 21

Time: 7:30 - 8:30 pm **Instr:** Barbara Vaughan Fee: \$49 for 6 weeks Place: Dilworth MS

Country Line Dance

Come experience the many benefits of dance. Included are social ease, exercise/ health (light aerobic work-out), increased self-confidence, sense of achievement, relaxation/stress relief, grace, poise, and more. We'll learn the Boot-Scoot-Boogie, Slap Leather, Electric Slide, Tosh Push and more. New dances include Black Velvet, Cowboy Waltz and others. Join the fun, meet new friends, and share in the enjoyment of dance. No partner necessary. Please wear comfortable shoes that do not scuff floors.

1/108 Dates: Mons, Mar 28, Apr 4, (no class Apr 11), 18, 25,

May 2, 9

Time: 6:30 - 7:30 pm Instr: Barbara Vaughan Fee: \$49 for 6 weeks Place: Dilworth MS

Country and Social Dance

Learn Country Swing, Two-Step, Country Waltz, Cotton-Eyed-Joe, and more. This class is open to adults of all ages and levels. Students will learn the basics of couple dance while developing more confidence and comfort in any social situation. This session enhances the application of dance concepts, lead/ follow, music interpretation, as well as creative expression, and partnership. Having a dance partner is highly recommended. Please wear comfortable shoes that do not scuff floors.

1/109 Dates: Mons, Mar 28, Apr 4, (no class Apr 11), 18, 25, May 2, 9

> **Time:** 7:30 – 8:30 pm **Instr:** Barbara Vaughan Fee: \$49 for 6 weeks Place: Dilworth MS

Sizzling Salsa

This class introduces the basics of Salsa while focusing on individual styles and partnership. We'll learn exciting combinations in a relaxed and fun environment. Having a dance partner is recommended. Please wear comfortable shoes that do not scuff floors.

1/110 Dates: Fridays, Feb 11, 18, 25, Mar 4, 11, 18 **Time:** 6:30 -7:30 pm **Instr:** Barbara Vaughan

Fee: \$49 for 6 weeks Place: Dilworth MS

Let's Swing!

This is a specialty class focusing on a variety of swing dances. We'll learn east-coast, west-coast and country swing. The emphasis is on having fun while developing a greater love and understanding of each dance. Key concepts involving partnering (leading and following) will be practiced. Having a dance partner is highly recommended. Please wear comfortable shoes that do not scuff floors.

1/111 Dates: Fridays, Mar 25, Apr 1, 8, (no class Apr 15), 22, 29, May 6 Time: 6:30 - 7:30 pm

Instr: Barbara Vaughan Fee: \$49 for 6 weeks Place: Dilworth MS

Beginning Fly Fishing

This half-day, beginning fly fishing class covers the casting stroke and techniques, equipment selection, knot tying, flies and their retrieves, fighting and landing trout and in-depth information on fly fishing local waters. Bring a lawn chair, hat, sunglasses and water. All equipment (rods, reels and lines) is provided. The class is limited to a small number of students to allow for personalized instruction. Children over age 11 are welcome with a parent. Equipment usage fee is \$35.

1/047 Date: Sun, April 17 **1/048 Date:** Sun, April 24

Time: 8:30 am - 12:30 pm **Instr:** Chris Wharton

Fee: \$50

Place: Hidden Valley Regional Park

CLASSES FOR KIDS

Parent/Child Swim Classes at Picollo School

Our swim classes at Picollo are a great way to introduce your child to water safety and move them through the stages of swimming. Each class is tailored to children of different skill levels. Please see below for the levels that are available. Requirements for each class must be met or the student will not be allowed to continue in those lessons for their own safety.

Jelly Bellies

Note: When registering, please use child's name.

The goal of this class is to teach your child how to close the mouth and hold the breath with the face in the water, as well as basic survival floating skills. Parents are guided by the instructor in methods that are tailored to each child's skill level. Unskilled children of all ages (min. 6 months) may enroll. Parent must remain in the water with the child at all times. One parent per child is required. Reusable CLOTH SWIM diapers with or without plastic pants MUST be worn by every child still in potty training. Disposable diapers (swimmers) are not a substitute for reusable swim diapers, but may be worn underneath if desired. The instructor will have some reusable CLOTH SWIM diapers for sale at class.

1/120 Dates: Tues & Thurs, Apr 19, 21, 26, 28, May 3, 5, 10, 12 Times: 5 - 5:30 pm

1/121 Dates: Mons & Weds, May 16, 18, 23, 25 (no class May 30), June 1, 6, 8, 13 **Times:** 6 - 6:30 pm

1/122 Dates: Tues & Thurs, May 17, 19, 24, 26, 31 June 2, 7, 9

> **Times:** 5 - 5:30 pm **Instr:** Christy Malone

Fee: \$76

Place: Picollo School

Sea Monkeys

Note: When registering, please use child's name.

Child must have taken Jelly Bellies or demonstrate at the first class the ability to hold breath underwater and float unassisted. Focus will be on learning swim skills and how to flip onto back to get a breath. There will be a skills test on the first night to ensure your child is in the best class. Parent must remain in the water with the student at all times. One parent per child is required.

1/123 Dates: Mons & Weds, Apr 18, 20, 25, 27, May 2, 4, 9, 11 Times: 5 - 5:30 pm

1/124 Dates: Tues & Thurs, Apr 19, 21, 26, 28, May 3, 5, 10, 12

Times: 6 - 6:30 pm

1/125 Dates: Mons & Weds, May 16, 18, 23, 25 (no class May 30), June 1, 6, 8, 13

> **Times:** 5 - 5:30 pm **Instr:** Christy Malone Fee: \$76

Place: Picollo School

Diving Dolphins

Note: When registering, please use child's name.

This class is for experienced swimmers only. Focus is on improving stroke skills, learning to dive and improve breath control and side breathe. Swim test will happen on the first night to ensure your student is in the correct class. The test will consist of basic breath holding, floating unassisted, and swimming to a target which they must pass to remain in the class. Parent must remain in the water with the student at all times. One parent per child is required.

1/126 Dates: Mons & Weds, Apr 18, 20, 25, 27, May 2, 4, 9, 11

Times: 6 - 6:30 pm

1/127 Dates: Tues & Thurs, May 17, 19, 24, 26, 31 June 2, 7, 9,

> **Times:** 6 - 6:30 pm **Instr:** Christy Malone

Fee: \$76

Place: Picollo School

Sugar 'n' Spice

All girls, ages 7 - 11 are invited to join this fun 6-week program to teach young ladies how to walk gracefully, pivot like a model and choose a pretty hairstyle. Because it is not only what is on the outside that is important, girls will also learn about good foods to keep their bodies healthy. Ms. Beckett will also teach telephone and table manners along with much, much more. A special graduation ceremony will be held. Girls are asked to wear dress clothes (dress or pants ensemble), ankle socks or tights and leather soled shoes.

1/128 Dates: Weds, Feb 16, 23,

Mar 2, 9, 16, 23 Time: 6:30 - 7:30 pm **Instr:** Frances Beckett

Fee: \$68

Place: Caughlin Ranch ES

Bridge the Golf Gap

Attention Boys & Girls ages 8-14.

These golf lessons will teach the basic golf stance, swing and etiquette. Each week students will "virtually" play a different course. Sign up early and bring a friend. Golf clubs will be provided for use every class meeting. There is an \$18 material fee and the students will be measured and will receive either a putter or a 7 iron.

1/129 Dates: Tues, Feb 1, 8, 15, 22,

Mar 1, 8, 15, 22 **Time:** 6 - 7 pm **Instr:** Wayne Williams Fee: \$100 for 8 classes Place: Bunker Indoor Golf Sport, Grand Sierra Resort

Kenpo Karate

For girls and boys in kindergarten through high school Martial Arts can be a positive way to help your child learn discipline while having fun! Community Education is proud to offer Kenpo Karate with Sam Brown. Sam has been teaching these classes and training Martial Arts instructors for nearly 30 years. The classes are twice a week for an hour in the early evening. Ages 5-11 meet from 6:30-7:30 pm and students 12 and older meet from 7:30-8:30 pm. The cost is \$20 per month. There is an additional insurance cost, \$12 for 6

CLASSES FOR KIDS / SPRING CAMPS

months or \$24 for 12 months. If classes aren't offered at your school, you can attend at a nearby school location. Look for fliers at your child's school or call Community Education at 353-5780 for more details.

Kids in the Kitchen Classes Boys & Girls ages 9 and Up

Join the Kids in the Kitchen cooking classes and learn how to create your own meals and snacks! In these handson classes you will prepare food from recipes, eat your own creations or take them home to share with your family. You will learn cooking safety tips and techniques that will help you become a knowledgeable cook.

Fee for each four-week session: \$62

A \$25 material fee payable to the instructor at the beginning of each fourweek session to cover the cost of all food and supplies.

Mendive MS-Tuesdays **Damonte Ranch HS-Wednesdays**

Baking - dough and batter 1/130 MENDIVE

Dates: Tues, Jan 18, 25, Feb 1, 8

1/131 DAMONTE

Dates: Weds, Jan 19, 26, Feb 2, 9

Times: 6:30 - 8 pm

Cookies - a variety

1/132 MENDIVE

Dates: Tues, Feb 15, 22, Mar 1, 8

1/133 DAMONTE

Dates: Weds, Feb 16, 23, Mar 2, 9

Times: 6:30 - 8 pm

Comfort foods - entrees

1/134 MENDIVE

Dates: Tues, Mar 29, Apr 5, 19, 26

1/135 DAMONTE

Dates: Weds, Mar 30, Apr 6, 20, 27

Times: 6:30 - 8 pm

Casseroles

1/136 MENDIVE

Dates: Tues, May 3, 10, 17, 24

1/137 DAMONTE

Dates: Weds, May 4, 11, 18, 25

Times: 6:30 - 8 pm

NORTHERN NEVADA INTERNATIONAL CENTER After School Language and **Culture Classes for Kids**

If you are looking to expose your child to the world of Spanish language and culture, these classes are perfect! The class focuses on both the foundations of language and the beauty of culture at your child's own school. UNR's Northern Nevada International Center teachers are wonderful as they expose children in grades 1-6 to a language that can only benefit them in the long run! Classes run twice a week immediately after school for 45 minutes. If you are interested, keep an eye out for fliers at your child's school or call 353-5780 for

Wheatley Taekwon-Do at Hunsberger

Girls & Boys of all ages

If you are looking for a way for your child to improve concentration, increase discipline, build confidence, develop respect, learn self-defense and become a leader, then this is a great opportunity for them! In this series of classes your child will develop all of those skills. Robert Wheatley is the president of the International Taekwon-Do Federation in the United States.

1/138 Dates: Weds, Jan 19, 26, Feb 2, 9, 16, 23

1/139 Dates: Weds, Mar 2, 9, 16, 23, 30, Apr 6

1/140 Dates: Weds, Apr 20, 27, May 4, 11, 18, 25

Time: 3 - 4 pm **Instr:** Robert Wheatley

Fee: \$90 for six weeks Place: Hunsberger ES

Volleyball Camp for Girls

This camp is designed for girls in grades 7 and 8 who want to learn and improve their volleyball skills. Students will learn and practice these skills and play games to help them get ready to play at the middle school level. Please bring a snack and drinks (preferably water) on Friday and lunch on Saturday. Wear athletic shoes and attire and bring knee pads if you have them. Limited to 30 girls in each camp.

1/141 GIRLS IN GRADE 7

Dates/Times: Fri, Feb 4, 3 - 7 pm & Sat, Feb 5, 9 am - 2 pm

1/142 GIRLS IN GRADE 8

Dates/Times: Fri, Feb 4, 3 - 7 pm & Sat, Feb 5, 9 am - 2 pm Instr: Susan Marin

Fee: \$72

Place: Reno HS Small Gym

SPRING BREAK CAMPS FOR KIDS

Spring Break Improvisational **Acting with KidScape Productions**

Girls & Boys, ages 7 & up

This weeklong acting camp will take participants through the process of what it is like to be a professional improvisational actor. Students are learning from a curriculum created at Juilliard in NYC and the Yale School of Drama. Students will strengthen important skills such as self esteem, self confidence and presentation skills. People who are confident and articulate are better equipped to develop successful relationships throughout their life. KidScape Production classes help participants have complete trust in their abilities through engaging repetition and hands-on fun! Beginner to intermediate - repeat students encouraged to attend. KidScape says, "Repetition creates mastery." Performance on the final day. Material fee \$30. For more information, go to www.KidScapeProductions.com or call 775-313-3900.

1/150 Dates: Mon - Fri, Apr 11 - 15

Time: 11 am - 3 pm **Instr:** KidScape Productions Fee: \$120 (\$30 material fee payable to KidScape on the first

day of camp)

Place: Damonte Ranch HS

Theater

SUMMER CAMPS FOR KIDS

Ken Fujii's 30th Annual Basketball Score Camp

Boys & Girls, ages 7 - 15

Coach Fujii and his assistants have been coaching summer basketball camps for 29 years. These camps are designed to help students with their offensive game. The emphasis is on ball handling, dribbling, shooting and offensive moves. Students will learn how to shoot from the inside and outside while standing still and on the move, and dribbling, rebounding and how to handle the ball in a variety of ways. Students should bring drinks, lunch and healthy snacks. Sub sandwiches and pizza are available for purchase at camp. Students are on their own during lunch and dinner breaks, however, the gym will remain open with supervision.

1/160 Dates: Mon - Fri, June 13 - 17 **Times:** 9 am - Noon, instruction; Noon - 1 pm, lunch; 1 - 2:30 pm, instruction Games: 3 - 5 pm (except Fridays) Fee: \$190 includes camp T-shirt, basketball and award Location: Reno High School, 395 Booth Street, Reno 89509

Volleyball Camp at Reed High School

Girls Entering Grades 6 - 10

This camp is designed to teach the fundamentals of volleyball. The basics as well as game and play strategies will be practiced. The serve, the score and the presentation are all covered in a way that is fun and energetic. Please wear indoor shoes and volleyball knee pads. Checkin time is 8:30 a.m. on Monday. Bring a healthy snack, lunch and drink each day. 1/161 Dates: Mon - Thurs, Aug 1 - 4

> **Times:** 9 am - 1 pm **Instr:** Kristen Flagtvedt **Fee:** \$125 Location: Reed High School, 1350 Baring Blvd, Sparks 89434

Summer Improvisational Acting Camp with KidScape **Productions**

Girls & Boys ages 7 & up

This weeklong acting camp will take participants through the process of what it is like to be a professional

improvisational actor. Students are learning from a curriculum created at Juilliard in NYC and the Yale School of Drama. Students will strengthen important skills such as self esteem, confidence and presentation skills. People who are confident and articulate are better equipped to develop successful relationships throughout their life. KidScape Production classes help participants have complete trust in their abilities through engaging repetition and hands-on fun! Beginner to intermediate - repeat students encouraged to attend. KidScape "Repetition creates mastery." Performance on the final day. Material fee \$30. For more information, go to www. KidScapeProductions.com or call 775-313-3900.

1/162 Dates: Mon - Fri, July 18-21 Time: 11 am -3 pm **Instr:** KidScape Productions Fee: \$120 (\$30 material fee payable to KidScape on the first day of camp) Place: Damonte Ranch HS

Theater

Summer Scene Study Acting Camp with KidScape **Productions**

Girls & Boys ages 8 & up

This weeklong acting camp will focus on developing scenes like a professional actor. Beginning to intermediate actors gain a deeper understanding of what it is like to work in the theater. Through method acting, sense memory and memorization work, students will work on character development, scene analysis and sharpen self awareness. This class ends in a performance. Repeat students encouraged to attend. KidScape says, "Repetition creates mastery." Material fee \$30. For more information, go to www.KidScapeProductions.com call 775-313-3899.

1/163 Dates: Mon - Fri, Aug 8 - 12 Time: 11 am -3 pm **Instr:** KidScape Productions Fee: \$120 (\$30 material fee payable to KidScape on the first day of camp)

Place: Reno HS Theater

The Wonderful World of Clay Ages 9 - 17

Get ready to play in the clay all afternoon! Students will learn how to "throw" on the pottery wheel, hand-build bowls and vases, and much, much more! Students will learn how to glaze their ceramic pieces before they bring them home. Walking field trips to the Truckee River and Nevada Museum of Art will be included. In addition, students will learn many new and exciting ways to play with polymer clay. Come prepared to get messy and have a blast! Bring drinks and a healthy snack for the afternoon and hats and sunscreen for the fieldtrips. A \$50 material fee is payable to the instructor the first day of class.

1/164 Dates: Mon - Fri, June 21 - 25 1/165 Dates: Mon - Fri, July 19 - 23

> Time: 12:30 - 5:30 pm Instr: Lauren Gandolfo

Fee: \$140

Location: Reno High School, 395 Booth Street 89509, in the Industrial Arts Building that faces Foster Drive

Kenpo Karate at Dilworth Middle School All Summer

Martial Arts can be a positive way to help your child learn discipline while having fun! Community Education is proud to offer summer Kenpo Karate with Sam Brown. Sam Brown has been offering classes through WCSD Community Education for more than 25 years and wants to offer all the benefits, including increased confidence, and appreciation for patience, to your child! No need to pre-register, just show up on the first day with payment. Payment is due every 4 weeks.

1/166 Dates: Tues & Thurs, June 9 -Aug 20

> Ages/Times: 5-12 yrs old, 6:30 - 7:30 pm 13 and up, 7:30 - 8:30 pm **Fee:** \$20 per 4 week session Location: Dilworth Middle School, 255 Prater Way, Sparks 89431



SUMMER CAMPS FOR KIDS

Kids in the Kitchen Summer **Culinary Classes**

Ages 9 & up

Hey, parents! Want a break for a couple of hours and not worry about lunch for the kids? Kids in the Kitchen summer classes are a great way for your kids to spend the morning, get creative in the kitchen, learn new skills, make new friends and eat delicious dishes.

NOTE: Menu is subject to change based on availability.

SESSION 1

The week consists of 5 days of classes and each class is 2-1/2 hours. Classes include:

- 1. Raspberry Glazed Wings, Ranch Coleslaw, Chocolate Marshmallow Squares
- 2. Mozzarella Ham Stromboli, Potato Salad, Cream Cheese Cookie Cup
- 3. Bow Tie Deli Ham, Triple Berry Spinach Salad, Praline-Peach Brownie Sundae
- 4. Broiled Pizza Burgers, Vegetable Trio, Coconut Cream Pie
- 5. Meat Filled Manicotti, Caesar Salad, Berry Tiramisu

1/167 Dates: Mon - Fri, June 20 - 24 **Times:** 10:30 am - 1 pm Fee: \$65 plus a \$35 food fee payable to the instructor the first day of class

Instr: Kathy Ishoy Location: Dilworth Middle School, 255 Prater Way, Sparks 89431

SESSION 2

The week consists of 5 days of classes and each class is 2-1/2 hours. Classes include:

- 1. Baked Macaroni Cheese, Tossed Green Salad, Pineapple Up-side Down Cake
- 2. Chicken Cordon Bleu, Fruit Salad, Peach Cobbler
- 3. Coconut Shrimp/Rice, Mango Salsa, Lemon Chewy Cookies
- 4. Philly Cheese Steak Sandwich, Corn Salad, Molten Butter Scotch Cake
- 5. Kabobs, Strawberry Romaine Salad, Easy Cream Cheese Danish

1/168 Dates: Mon - Fri, July 18 - 22 **Times:** 10:30 am - 1 pm Fee: \$65 plus a \$35 food fee payable to the instructor the

first day of class **Instr:** Kathy Ishoy Location: Dilworth Middle School, 255 Prater Way, Sparks

MORE CLASSES AND CAMPS FOR KIDS!

More classes and camps for children are being created as this catalog goes to print. Please check the website at www.washoecountyschools/ community/education for the latest information. Community Education will be sending fliers home with students to keep parents up-to-date on all these activities. For more information call 353-5780.

DRIVER EDUCATION IN THE CLASSROOM

Washoe County School District Community Education offers Driver Education in the Classroom COST: \$90

Community Education offers after school, Saturday, winter break, spring break and summer Driver Education classes. All students between the ages of 15 and 18 must complete 30 hours in a Driver Education class and 50 hours behind the wheel to qualify for a Nevada Driver's License if they are under 18. (This class does NOT include behind the wheel *instruction.*) Students must be at least 15 to attend the class.

Go to washoecountyschools.org/community/education, then click on 2011 Driver Education and your high school for a complete, up-to-date list of classes and to register. Call Community Education at 353-5780 for further information or to register by phone with a Visa or MasterCard. The fee for this class is \$90.

